

PERSONAL APPEARANCE STANDARD

STANDARDIZED DRESS

At all school functions unless stated otherwise.

A. PHILOSOPHY

Cumberland Christian School supports the Christian home in matters of modesty, dress, hairstyles, and good grooming. Through its dress standards, it seeks to encourage its students to think and act like Christian ladies and gentlemen. Parents are responsible to ensure that their student is in compliance with the dress code when departing for school. The student body should encourage each other in submission to all school rules, including dress code. Proper dress serves to create an atmosphere conducive to learning, an atmosphere which has shown to improve the learning process.

Experience has shown that it is necessary for the school to set standards concerning how students dress. These standards have been worked out by the Board of Directors/Administration and are based upon three principles: (1) modesty, (2) neatness, and (3) appropriateness.

A fourth principle relating to the implementation of the dress standards is clarity. There needs to be a clear standard. Some standards are drawn where they are because they help to ease interpretation. It is impossible to eliminate all “gray” areas, but when possible, we try to do so in order to increase consistency and fairness in administration of the dress code.

Our school has adopted a "standardized dress" program that allows for options in student wardrobe yet still requires students to adhere to specific standards.

B. Clothing

Students must wear the standardized school dress to school as well as to any daytime school functions (field trips, etc.), unless advance administration approval is given.

Tops

- Any solid color collared **long or short sleeve polo shirt.**
- Any solid color sweater, **sweatshirt, or hoodie.**
- Any solid color cardigan, circle, or “V” neck sweater (K3-5)
- Turtlenecks (K3-5)
- Shirts, sweaters, and sweatshirts may only have a CCS logo or a non-CCS branding logo that is not greater than two (2) inches in diameter.
- **A collared polo shirt must be worn under any sweater, sweatshirt, or hoodie.**
- Long-sleeved shirts may not be worn under short sleeve shirts.
- **T-shirts (CCS or not) may not be worn at all as part of school attire except on T-shirt Tuesday and within guidelines established for that day (see next page).**

Pants, Shorts, Culottes, Skirts, and Dresses

Pants and Shorts:

- Twill or corduroy khaki, navy, black, or gray pant.
- **May not be tight fitting.**
- Maximum four pockets.
- Modest length – shorts no more than “3” above the knee.
- **Jeans may be worn on T-Shirt Tuesday, and they must be in good, clean condition: must be free of tears, holes, and frayed edges and **within guidelines established for that day (see next page).****

Culottes (K3-8)

- Twill or corduroy solid color – khaki, navy, black, or gray.

Skirts and jumpers (K3-12)

- Twill or corduroy solid color – khaki, navy, black, gray, or plaid.
- Modest length – no more than 3” above the knee.

Polo Dress (K3-5)

- Modest, solid color – khaki, navy, black, or gray.

C. Footwear

- Footwear with laces must be properly tied.
- Sandals must be securely strapped or tied in the front and the back (no athletic or flip-flop style).

D. General (boys / girls K3-12)

Hair must be neatly groomed.

- Hair may be colored with natural coloring.
- Extreme hair styles like spikes, Mohawks, etc., are not allowed.
- Jeans must be in good clean condition: must be free of tears, holes, and frayed edges.
- Tuesdays will be “T-Shirt Tuesday.” If wearing a t-shirt, only t-shirts with CCS logos will be permitted. Homemade CCS wear may not be worn.
- Tight fitting clothing is not permitted.
- No undergarments showing.
- Hats, hoods, and scarves (on the head) are not to be worn in the building.
- Coats are not to be worn in a classroom unless approved by a teacher because of a cold classroom; this standard also applies to lunchtime.
- No tattoos or body piercings are permitted. If a student has an existing tattoo, it must be covered while at school or at a school function. If a student has a body piercing, it must be covered or removed while at school or at school functions.

E. Hair/Jewelry

Boys are to present a traditional masculine appearance and girls a traditional feminine appearance.

Boys

- Hair must be neatly trimmed and may not cover the eyebrows, ears, or collar and may not be excessively long.
- Facial hair must be neatly trimmed.
- Earrings must be removed while at school or at a school function.

F. Physical Education and Athletic Practices

Athletes should maintain the ideal of being neat, clean, and modest, whether practice is during or after school hours, inside or outside. These guidelines should be followed year round by students every time they use the school facilities.

- For Physical Education, athletic shorts 3” above the knee or longer.
- All athletic practice shorts should be equal in length to regular uniform shorts for the sport in which the student participates.
- Sneakers or cleats (for outside activities).
- Any CCS t-shirt.
- Shirts are to be worn at all times (gentlemen).
- Tank tops are permitted, but girl’s undergarments should not be visible.
- Altered t-shirts are not allowed, including modifications to the sides, sleeves, or neckline.
- Sweat/Warm-up suits are permissible.
- Yoga (spandex/tight fitting) may only be worn with shorts over them.

G. **SPECIAL ACTIVITIES**

Students in upper grades are expected to follow school dress standards when attending special school activities or functions unless instructed otherwise. If standardized dress is not required, clothes worn must be as modest as standardized dress, as well as neat.

1. **Student Leaders** or students representing the school as student leaders, athletes, choir members, or ministry teams are expected to follow both the letter and spirit of school dress standards. Students who do not conscientiously follow a high level in the above areas will not be allowed to represent CCS.
2. **Swimming Suits** - If there is an activity that involves swimming, boys are required to wear "boxer style" suits. Girls are required to wear modest, one-piece suits **or a two-piece that covers the midriff**. They must not have revealing or low necklines. High revealing leg holes would be unsatisfactory. (If a girl does not have a suit meeting these criteria, she must wear a top that covers the deficient areas.)
3. **Formal Dresses** worn on formal occasions must still conform to the same modesty requirements as normal school dress. Such formal dresses must cover the shoulders with a minimum of a one inch strap and may not in any other way have a "revealing" tenor. The administration will give specific directions regarding appropriate formal wear.

H. **Casual Dress Days**

Preferred and Acceptable Dress

- a. Loose fitting
- b. Tidy and clean
- c. Front neckline shall be modest (girls)
- d. Rear neck line shall not show undergarments (girls)
- e. Sleeves may be cap, short, $\frac{3}{4}$, or long
- f. Pants that include blue jeans
- g. Sweats or jogging suits
- h. Socks worn at all times (boys)
- i. Stone washed jeans are acceptable
- j. Hair neat and well groomed
- k. T-shirts
- l. Athletic jerseys

Non-Acceptable Dress

- a. Tight fitting
- b. Designed with holes or un-mended holes
- c. Sleeveless attire
- d. Undergarments showing at front or rear necklines, hemlines, or under arms
- e. Sheer fabric
- f. Midriff or back showing
- g. Packaged undershirts
- h. Writing or photographic pictures which are objectionable or obscene as determined by the administration
- i. Shoe laces untied
- j. No more than two buttons open on shirt
- k. Earrings shall not be worn (boys)
- l. Pajama pant bottoms
- m. Capri pants
- n. Hats while in the building
- o. Flip flops and athletic style sandals

I. **Flynn & O'Hara Uniforms:**

Parents who wish to purchase uniforms for their child (ren) may purchase them through Flynn & O'Hara. The following guidelines apply to the purchased uniforms:

- Only wear items listed in CCS School Specific ordering.
- Go to www.flynnohara.com.
- Click on School Specific ordering and choose Cumberland Christian School (PK-12 Boys, PK-5 Girls, and 6-12 Girls).