

# PERSONAL APPEARANCE STANDARD

## STANDARDIZED DRESS

At all school functions unless stated otherwise.

### A. PHILOSOPHY

Cumberland Christian School supports the Christian home in matters of modesty, dress, hairstyles, and good grooming. Through its dress standards, it seeks to encourage its students to think and act like Christian ladies and gentlemen. Parents are responsible to ensure that their student is in compliance with the dress code when departing for school. The student body should encourage each other in submission to all school rules, including dress code. Proper dress serves to create an atmosphere conducive to learning, an atmosphere which has shown to improve the learning process.

Experience has shown that it is necessary for the school to set standards concerning how students dress. These standards have been worked out by the Board of Directors/Administration and are based upon three principles: (1) modesty, (2) neatness, and (3) appropriateness.

A fourth principle relating to the implementation of the dress standards is clarity. There needs to be a clear standard. Some standards are drawn where they are because they help to ease interpretation. It is impossible to eliminate all "gray" areas, but when possible, we try to do so in order to increase consistency and fairness in administration of the dress code.

Our school has adopted a "standardized dress" program that allows for options in student wardrobe yet still requires students to adhere to specific standards.

### B. General Guidelines

Students must wear the standardized school dress to school as well as to any daytime school functions (field trips, etc.), unless advance administration approval is given.

#### Yes:

- Long or short sleeve polo shirt or dress shirt with a collar. Shirts may have stripes or be any solid color.
- Solid color sweater, sweatshirt, or hoodie. A collared shirt must be worn under any sweater, sweatshirt, or hoodie. **NO SWEATSHIRTS WITH A FULL ZIPPER MAY BE WORN (it is considered a jacket).**
- A branding logo that is less than three 3 inches in diameter for all shirts, sweaters, sweatshirts, and hoodies. The three inch logo rule does not apply to CCS shirts, sweaters, sweatshirts, and hoodies.
- Dress pants, dress shorts, khaki pants, khaki shorts.
- Shoes-athletic, dress, and casual.
- Sandals-dress leather, and crocs.

#### No:

- Wearing a jacket during class, chapel, and/or lunch.
- Wearing a sweatshirt (including CCS athletic sweatshirts) or hoodie with a full zipper during class, chapel, and/or lunch.
- Large pictures, designs, graphics or wording on shirts, sweaters, and sweatshirts.
- Wearing denim pants.
- Long-sleeved shirts worn under short sleeve shirts.
- Tight fitting pants or shorts.
- Shorts more than 3 inches above the knee.
- Unnatural hair colors or styles that draw undue attention.
- Sweatbands, bandanas, hats, caps, or sunglasses in the building.
- Visible tattoos or body piercings.
- Flip-flop style sandals.

## Girls

### Yes:

- Skirts/dresses/jumpers – khaki, navy, black, gray, plaid, that are no more than 3 inches above the knee and allow for modesty when seated.
- Leggings can be worn with skirts/dresses.
- Mid-calf capris.
- Polo Dress (K3-5)
- Modest neckline.
- Earrings.

### No:

- Cleavage, sheer fabrics, visible undergarments - including straps.
- Slits in skirts/dresses that are more than 3 inches above the knee.

## Boys

### Yes:

- Hair neatly trimmed and does not cover the eyebrows, ears, or collar and may not be excessively long.
- Facial hair that is neatly trimmed.

### No:

- Earrings while at school or at a school-sponsored function.

## C. Tee-Shirt Tuesday and Spirit Day Guidelines

### Yes:

- Jeans that fit appropriately, have no rips or tears, and are in good, clean condition.
- ONLY CCS apparel, including long and short-sleeved T-shirts.
- Sleeved CCS uniform shirts (baseball, softball, and soccer).

### No:

- Homemade CCS clothing.
- Non-Cumberland Christian School apparel

## D. Physical Education and Athletic Practices

Athletes should maintain the ideal of being neat, clean, and modest, whether practice is during or after school hours, inside or outside. These guidelines should be followed year round by students every time they use the school facilities.

- For Physical Education: athletic sweat pants or shorts 4" above the knee or longer.
- All athletic practice shorts should be equal in length to regular uniform shorts for the sport in which the student participates.
- Sneakers or cleats (for outside activities).
- Any CCS T-shirt.
- Shirts are to be worn at all times.
- Tank tops are permitted, but girl's undergarments should not be visible.
- Altered t-shirts are not allowed, including modifications to the sides, sleeves, or neckline.
- Sweat/Warm-up suits are optional.
- Yoga (spandex/tight fitting) pants may only be worn with shorts over them.

**E. SPECIAL ACTIVITIES**

Students in upper grades are expected to follow school dress standards when attending special school activities or functions unless instructed otherwise. If standardized dress is not required, clothes worn must be as modest as standardized dress, as well as neat.

1. **Student Leaders** or students representing the school as student leaders, athletes, choir members, or ministry teams are expected to follow both the letter and spirit of school dress standards. Students who do not conscientiously follow a high level in the above areas will not be allowed to represent CCS.
2. **Swimming Suits** - If there is an activity that involves swimming, boys are required to wear "boxer style" suits. Girls are required to wear modest, one-piece suits or a two-piece that covers the midriff (tankini style). They must not have revealing or low necklines. High revealing leg holes would be unsatisfactory. (If a girl does not have a suit meeting these criteria, she must wear a top that covers the deficient areas.)
3. **Formal Dresses** worn on formal occasions must still conform to the same modesty requirements as normal school dress. Such formal dresses must cover the shoulders with a minimum of a one inch strap and may not in any other way have a "revealing" tenor. The administration will give specific directions regarding appropriate formal wear.

**F. Casual Dress Days**

**Yes:**

- **Clean, loose fitting, and modest.**
- **Blue jeans, sweats, or jogging suits.**
- **T-shirts, athletic jerseys, sweat shirts.**

**No:**

- **Undergarments showing.**
- **Tight fitting.**
- **Sheer fabric, midriff or back showing, sleeveless attire.**
- **Designed or un-mended holes.**
- **Writing or photographic pictures which are objectionable or obscene.**
- **Shoe laces untied.**
- **More than two buttons open on shirt.**
- **Earrings worn (boys).**
- **Pajama pant bottoms.**
- **Hats while in the building.**

**G. Flynn & O'Hara Uniforms:**

Parents who wish to purchase uniforms for their child (ren) may purchase them through Flynn & O'Hara. The following guidelines apply to the purchased uniforms:

- Only wear items listed in CCS School Specific ordering.
- Go to [www.flynnohara.com](http://www.flynnohara.com).
- Click on School Specific ordering and choose Cumberland Christian School (PK-12 Boys, PK-5 Girls, and 6-12 Girls).